**Meal Cost Analysis Worksheet for Frozen & Shelf Stable Meals**

On the worksheet below, provide the **percentage** breakdown of the meal components listed.

**FROZEN MEALS**

|  |  |
| --- | --- |
| **Meal Cost Component** | **Percent of Total** |
| 1. Raw Food Cost (**frozen**) | \_\_\_\_\_ |
| 1. Raw Food Cost (fresh supplemental foods as applicable) | \_\_\_\_\_ |
| 1. Labor | \_\_\_\_\_ |
| 1. Equipment (thermal transport) | \_\_\_\_\_ |
| 1. Transportation/Delivery - Labor | \_\_\_\_\_ |
| 1. Transportation/Delivery – Equipment | \_\_\_\_\_ |
| 1. Administrative expense | \_\_\_\_\_ |
| 1. Nutrition education (if included in contract) | \_\_\_\_\_ |
| **TOTAL (should equal 100%)** | **\_\_\_\_\_** |

**SHELF STABLE MEALS**

|  |  |
| --- | --- |
| **Meal Cost Component** | **Percent of Total** |
| 1.     Raw Food Cost **(shelf stable)** | \_\_\_\_ |
| 2. Raw Food Cost (fresh supplemental foods as applicable) | \_\_\_\_ |
| 3.     Labor | \_\_\_\_ |
| 4.     Equipment | \_\_\_\_ |
| 5.     Transportation/Delivery – Labor | \_\_\_\_ |
| 6.     Transportation/Delivery – Equipment | \_\_\_\_ |
| 7.     Administrative expense | \_\_\_\_ |
| 8.     Nutrition education (if included in contract) | \_\_\_\_ |
| **TOTAL (should equal 100%)** | **\_\_\_\_** |